

**TREEVIEW SWIMMING CLUB, INC.  
RULES AND REGULATIONS**



These rules and regulations were established for the benefit of the entire membership. It is the responsibility of each member to read, understand and abide by these rules and regulations as established by the Treeview Swimming Club.

Your Treeview Photo ID card (with current sticker) is required for entry to and use of the Club facilities. **Please keep ID with your personal items as guards are instructed to occasionally re-verify compliance by asking to see Member ID as they patrol the grounds.**

**ENFORCEMENT OF RULES AND REGULATIONS**

The lifeguard on duty has full authority to take any action necessary to ensure the safety of the Club participants and Club facilities. As the Club reaches capacity, discretionary rules will be more strictly enforced. **Instructions of the lifeguard must be obeyed at all times.** At no time will disrespect or verbal abuse to a lifeguard be tolerated. Any minor asked to leave three times for disruptive behavior may not be allowed on Club premise unless accompanied by a parent or legal guardian who must go before the Board at the next regular meeting for review of the incident and determination made as to continued membership privileges. The lifeguard has the authority to immediately suspend any person's right to use the pool or Club facilities until management and/or Board of Directors may review the matter. **The police may be called to escort off Club premises anyone that is argumentative with the lifeguards.**

**SAFETY RULES**

1. No running on deck. No pushing, throwing, or dunking a person in the water. No splashing, spitting or spouting of water.
2. With the exception of medical releases, no articles such as but not limited to: hard balls, toys, flotation devices, water wings, life jackets, rafts, tubes, masks and snorkels (which may contaminate or damage the main pool and its equipment or endanger the safety of its participants) are allowed in the main pool.
3. **The use of the wading pool is limited to children 6 years of age and under and those children must be accompanied and supervised by an adult at all times.** Adults are responsible for the safety of the children in their care and must remain inside the gated wading pool area. The guards on duty are not responsible for the wading pool.
4. At the discretion of the lifeguard, children 6 years and older, unaccompanied by an adult, will be permitted access to the main pool in designated areas according to the child's ability. Non-swimming children under the age of 6 must be supervised by an adult within arms reach at all times. **(No piggybacking allowed.)**

5. Members under the age of 18, at the lifeguard's discretion, and all Guests must take a swim test with the lifeguard before using the diving board or the deep end of the pool.
6. **Diving is not permitted in the 3 ft. area.**
7. **Diving Board Rules:**
  - A.) Only one diver is permitted on the board at a time. User must be less than 225 lbs. to use the diving board.
  - B.) Only one bounce is allowed on the diving board.
  - C.) All dives must be straight ahead off the board. Flips, sit-down and back dives are prohibited.
  - D.) Cannon balls and can openers are permitted at the lifeguard's discretion.
  - E.) No person will be permitted to hang from the underside of the diving board.
  - F.) Look before diving or jumping to make sure no one is in the diving area. After entering the water, immediately swim to the closest ladder or swim out to the 5 ft.
  - G.) The next diver may not dive until the person before them has reached the wall or 5 ft. area.
  - H.) All persons using the diving board must be able to swim to the lifeguard's satisfaction.

## **HEALTH RULES**

1. Admission to the pool will be refused to persons having any contagious disease, infection or any other condition, which has the appearance of being infectious, including diarrhea. **Cloth diapers and disposable diapers are not permitted in the pools. Children not potty-trained must wear swim diapers. Bandages and other medical wrappings may not be worn in the pool.**
2. All hair shoulder length or longer, both female and male, must have hair tied back in a ponytail or a swim cap worn.

## **GUEST RULES**

1. No one residing in the eligible area will be allowed to swim as a guest. Eligible area generally is comprised of the area east of the BART tracks, north of 7<sup>th</sup> St. Union City, west of the Hayward Hills and south of Industrial Blvd. (Please check map for exact details.) Guest privileges will be suspended to any member abusing this rule. **Members must remain with their guests and are responsible for them.** Guests must complete guest sign-in sheet on entry. The Member must have an emergency contact number for all Guests. Guests must adhere to all pool rules and cooperate with any requests made by the lifeguards.

## **GENERAL RULES**

1. The use of profanity, improper behavior (including overt public display of affection), illegal drugs, weapons or intoxication or unsafe roughness, rowdiness or other unacceptable behavior is not allowed.
2. Willful destruction of the pool equipment or property will not be tolerated. Members will be held financially responsible for the damages caused by themselves, their child/children or Guests.

3. No alcoholic beverages, glass containers or chewing gum will be allowed on the Club grounds. See Article VIII, Section 3 of the By-laws. No eating or drinking is allowed on the deck area. Food and drinks are allowed on the lawn area only and all garbage must be placed in the containers provided for that purpose.
4. Between the hours of 6:00PM and closing time, children under 16 years of age are not allowed to use the Club facilities unless accompanied by an immediate family member 18 years or older or an authorized adult that is **on file** in the Club office. **Supervising adult/s must remain on the Club grounds at all times.**
5. Only swimming attire, including rash guards, will be allowed in the pool, unless medical condition requires it otherwise with a doctor's note. No T-shirts, leotards, exercise apparel, cutoffs, shorts, or suits below the knees, etc. are allowed. **People in other than swimming attire will remain clear of the pool area.**
6. Lounge Chairs: Only adults (18 yr. and older) may use the lounge chairs. Chairs: Only adults and children (13 yr. and older) may use the chairs.
7. Bicycles, skateboards, heelys and skates are not allowed inside the facility. No motor driven vehicles will be allowed on the pool deck, with the exception of motorized wheelchairs. No hardballs are allowed. Bicycles, skateboards and any motorized vehicles must be secured in the designated bike area. No skating on the deck and skates and heelys are to be removed at the gate and are to be carried on and off the property. Audio equipment is allowed in the pool area and may be played only at a low volume.
8. Absolutely no smoking is allowed on the pool grounds. Smoking is only permitted on the driveway outside the pool gates and must use proper disposal containers.
9. Lap Swimming: Only adults (18 years and older) are allowed to use the lap lane for laps only. Aquatic exercise equipment is allowed in the lap lane at the lifeguard's discretion.
10. Fifteen minutes of every hour shall be reserved for adult Members and Guests over sixteen (16) years of age except babies (one year and under) in arms. All other persons must leave the pool and the deck area until the whistle is blown signaling the end of the adult swim.
11. With the exception of medical releases, no animals are permitted on the property.
12. Only authorized persons are allowed in the filter room and office. Permission to use the telephone must be obtained from the guard on duty.
13. All personal property brought to the Club grounds must be removed upon leaving, as the Club assumes no responsibility for articles lost, stolen or damaged. The Treeview Swimming Club, Inc. assumes no responsibility for accidents.
14. Whenever additional rules are deemed advisable for proper conduct of the pool and protection of the health and safety of its patron, the Board of Directors is authorized to issue and put into effect such rules.